



Midwife Questions

- HOW LONG HAVE YOU BEEN A MIDWIFE?
- HOW MANY BIRTHS HAVE YOU COMPLETED?
- HOW MANY TRANSFERS TO THE HOSPITAL HAVE YOU HAD?
- WHY DID YOU TRANSFER TO THE HOSPITAL THOSE TIMES?
- WHAT MEDICAL SUPPLIES DO YOU CARRY IN YOUR MEDICAL KIT?
- DO YOU KNOW HOW TO SUTURE OR WOULD I BE GOING TO THE HOSPITAL IF I TEAR?
- DO YOU HAVE AN ASSISTANT THAT COMES WITH YOU TO THE BIRTHS?
- DO YOU COME TO MY HOME FOR APPOINTMENTS OR DO I COME TO YOU?
- DO YOU HAVE A BIRTH POOL I CAN USE?
- DO THEY CARRY ANY PAIN MEDICATION? IF SO, WHAT?



Home Birth

SUPPLIES CHECK LIST

- WATERPROOF SHEETS (FITTED PREFERABLY)
- OLD SHEETS (FITTED)
- UNOPENED PAPER TOWELS
- FLEX STRAWS
- WASHCLOTHS
- HAIR TIES
- CLEAN TOWELS
- SNACKS
- ELECTROLYTES, JUICE & TEA
- EASE THE ACHE TINCTURE
- IBUPROFEN
- SITZ BATH AND HERBS
- EARTH MAMA PERINEAL SPRAY AND BALM
- BELLY WRAP/BINDER
- NOURISHING HERBAL TEA, BONE BROTH
- ESSENTIAL OILS



Birth Kit

CHECK LIST

- CHUX PADS
- DISPOSABLE UNDERWEAR
- TUBE OF LUBRICANT JELLY
- BOTTLE OF BETADINE
- HAND SCRUBBER
- PERI BOTTLE
- STERILE GAUZE
- STERILE GLOVES
- NONSTERILE GLOVES
- STERILE BULB SYRINGE
- MATERNITY PADS
- BIOHAZARD BAGS
- BOTTLE OF RUBBING ALCOHOL
- CORD CLAMP
- COTTON SWABS